

Exercise Bands

McKesson CanDo® exercise bands are high-quality, resistive bands for rehabilitation, conditioning and training. Choose McKesson exercise bands as an affordable option to add to an exercise routine or eliminate the need for weights and equipment. McKesson exercise bands are available in multiple lengths, quantities and color-coded resistance levels. Exercise bands are commonly used in physical therapy to help rebuild a patient's strength.

Features and Benefits

- Lightweight, compact, and portable—bands improve patient compliance at home and on the go
- Uniform 5-inch width
- Adds resistance in stretching, balance, cardio, and strength training
- Can be used to strengthen and/or condition shoulders, arms, chest, upper back, neck, abs, hips, knees, ankles and wrists
- Includes illustrated instructions on packaging for four essential exercises
- To use, simply unroll to preferred length and cut
- Packaged in an easy-to-use dispenser box; rolls include a core that fits most dispenser racks
- Available in multiple resistance levels, adhering to the widely-accepted TheraBand® color-coded system
- HCPCS: A9300



Satisfaction Guaranteed
 If you are not completely satisfied with any McKesson Brands product, you may return it for a full refund or credit.

Never Compromise on CareSM
 With McKesson Brands, you'll never have to compromise. We deliver quality products at competitive prices, backed by our 100% satisfaction guarantee. We have decades of experience in the market, and we offer you support and work to help ensure you have the products you need, when you need them—making it even easier for you to provide the best care for your patients.

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		COLOR PROGRESSION					
		RESISTANCE LEVEL	X-LIGHT	LIGHT	MEDIUM	HEAVY	X-HEAVY
ELONGATION	100%		3.0	3.7	4.6	5.8	7.3
	200%		4.3	5.5	6.7	8.6	10.2

RESISTANCE IN POUNDS

ORDERING INFORMATION

		EXERCISE BANDS				
		MFR #	RESISTANCE LEVEL	COLOR	LENGTH	QTY
LATEX		169-5211	X-Light	Yellow	6 yards	1 roll/bx, 49 rolls/cs
		169-5212	Light	Red	6 yards	1 roll/bx, 49 rolls/cs
		169-5213	Medium	Green	6 yards	1 roll/bx, 49 rolls/cs
		169-5214	Heavy	Blue	6 yards	1 roll/bx, 49 rolls/cs
		169-5215	X-Heavy	Black	6 yards	1 roll/bx, 49 rolls/cs
		169-5221	X-Light	Yellow	50 yards	1 roll/bx, 9 rolls/cs
		169-5222	Light	Red	50 yards	1 roll/bx, 9 rolls/cs
		169-5223	Medium	Green	50 yards	1 roll/bx, 9 rolls/cs
		169-5224	Heavy	Blue	50 yards	1 roll/bx, 9 rolls/cs
		169-5225	X-Heavy	Black	50 yards	1 roll/bx, 9 rolls/cs
NON-LATEX		169-5631	X-Light	Yellow	25 yards	1 roll/bx, 9 rolls/cs
		169-5632	Light	Red	25 yards	1 roll/bx, 9 rolls/cs
		169-5633	Medium	Green	25 yards	1 roll/bx, 9 rolls/cs
		169-5634	Heavy	Blue	25 yards	1 roll/bx, 9 rolls/cs
		169-5635	X-Heavy	Black	25 yards	1 roll/bx, 9 rolls/cs

WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov.

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Post-Acute Care and Home Health
800.347.2456

Home Medical Equipment
888.822.8111

Primary Care
866.625.2679

McKesson Brands Support
800.777.4908